



**SOCIAL
ENTERPRISE
ACADEMY**



LEADERSHIP & WELLBEING WITHIN LEISURE AND SPORT

FEBRUARY – MAY 2022 | 6 LIVE SESSIONS

- Recognising current and future health and wellbeing opportunities in your community
- Leading self, leading others and leading within my community
- Growing capacity and strength to become leaders in health and wellbeing for your community
- Making connections between different avenues of community wellbeing



SocEntAcademy



www.socialenterpriseacademy.com

LEADERSHIP & WELLBEING WITHIN MY COMMUNITY

This programme will support third and public sector leaders to start:

- Recognising the abundance of Health & Wellbeing opportunities
- Leading self, leading others and leading within my community
- Understanding current and future health and wellbeing challenges through peer learning
- Growing capacity and strength to become leaders in health and wellbeing for the community

WHO IS IT FOR?

This programme is for anyone who want to vision solutions for health and wellbeing questions. Come as a director, staff member, volunteer, or active participant in your community.

WHY CHOOSE THIS PROGRAMME?



**GAIN UNDERSTANDING
OF YOUR MIND-SET**



**UNDERSTAND CHALLENGES AND
OPPORTUNITIES FOR COMMUNITY
HEALTH AND WELLBEING**



**EXPLORE HOW YOU COULD
BECOME MORE INNOVATIVE**



**EXCHANGE IDEAS WITH PEERS
AND OTHER LEADERS**

PROGRAMME DETAILS

| | |
|------------------|--------------------------|
| Date: | February 2022 – May 2022 |
| Location: | Online |
| Time: | 10am – 4pm |
| Cost: | Fully Funded |

PROGRAMME MODULES

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|---|--|
| Module 1: February 21 st and 28 th | Communities and Health <ul style="list-style-type: none">• Setting the context of health and wellbeing locally, regionally, and nationally• Exploring the challenges of health and wellbeing |
| Module 2: March 28 th and April 4 th | Leading in Health and Wellbeing <ul style="list-style-type: none">• Exploring 'me' as a leader• Understanding leading within a community |
| Module 3: April 25 th and May 2 nd | Making your plan happen <ul style="list-style-type: none">• Visioning creating a healthy community• Exploring skills for building a self-sustaining health and wellbeing project |

MORE INFORMATION

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